



	A road
	B road
	Minor road
	Local street in urban area
	Circular route on road
	National Cycle Network continuation
	Off-road route
	Railway station/tunnel
	Urban area
	Woodland
	Lake
	River
	National Cycle Network number
	Pub
	Car parking
	Junctions where care is needed
	Steep incline pointing downhill

370+
 240-270
 210-240
 180-210
 150-180
 120-150
 90-120
 60-90
 30-60
 0-30

Height in metres

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