

FOOD



Sydling St Nicholas

Sydling Brook Farm Shop 01300 34133/341992 www.sydling.co.uk

Godmanstone

Green Valley Organic Farm Shop 01300 342164

Kingston Russell

Eggardon Rare Breeds, Hill Barn Farm 01308 482491 www.eggardon.co.uk

Dorchester

The Pottingshed 01305 216788 www.olivesetal.co.uk

The Fridge 01305 269088 www.thefridge.biz

Townmill Bakery open Mon-Sat

Dorchester Farmer's Market, Poundbury (1st Sat monthly), WI Country Market, Corn Exchange (every Friday), Town Market (Wed)

ART



Bradford Peverell

Newbarn Pottery www.newbarn.co.uk/pottery1.htm

Dorchester

Annabel Wilson 01305 889256

Take in an exhibition, poetry or music at Dorchester Arts Centre www.dorchesterarts.org.uk

Frampton

artXtra Art School www.wessexbarn.co.uk

Georgina Maynard/Frampton House 01300 320308 www.frampton-house.co.uk

Cattistock

Liz Somerville www.lizsomerville.co.uk
Virginia Day 01300 321297

SEE & DO



Dorset Knob Throwing Festival, Cattistock www.dorsetknobthrowing.com

Visit Dorset Wildlife Trust at Brooklands Farm Conservation Centre, Forston 01305 2644620 www.dorsetwildlife.co.uk

Dorchester Festival (May) 01305 266926 www.dorchesterfestival.co.uk

Newbarn Field Centre www.newbarn.co.uk



Wildlife in the Frome Valley



The Cerne Abbas Giant



Sandways Bridge, Frampton
The River Frome supports one of the largest Water Vole populations in the UK



Break Heart Hill



Hog Cliff
National Nature Reserve - butterflies & chalk downland



Peacock Bridge, Frampton
Broadmayne brick & Portland stone



17 miles approx
Detour to Cerne (one way)
plus 2 1/2 miles approx

pedal power needed



"Water unwinds old ways
round our hills"
THE FROME VALLEY
DORCHESTER & MAIDEN NEWTON



Poetry by Val Bridge

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www.allegoric.co.uk